

Royal British Nurses' Association.

Incorporated by



Royal Charter.

THIS SUPPLEMENT BEING THE OFFICIAL ORGAN OF THE CORPORATION.

THE RAMBLERS' CLUB.

The "Ramblers" have had some very interesting expeditions during the summer; these have been organised and arranged by Miss Liddiatt, who is an adept in such matters. Punctually to the minute, the charabanc which she has arranged for, arrives at the door of 194, Queen's Gate and a very merry party takes itself into this chariot.

One of the interesting "Rambles" which we had this summer was to "Old Jordans" the Quaker Settlement. The drive led us through a beautiful English countryside and we enjoyed the sight of the river with its reflections, its happy punting parties and graceful white swans; further on still the road lay through beech woods and pretty green lanes. After many windings it brought us at last to "Old Jordans" where, in the hostel, we admired the low oak-beamed rooms with their strange windows, great fireplaces and, here and there, articles reminiscent of an old Quaker population. We had an old-fashioned country tea, in the refectory, round the long table decorated with pansies in quaint blue and white bowls. Then groups wandered off to explore the hall built of the wood of the *Mayflower*; the old ship would seem simply to have been turned upside down to form the hall. The sunken garden beside it is very quaint and peaceful; from it we wandered down under the roadway and the tall trees to the Meeting House. No one could imagine a more peaceful place than the Quakers' Meeting House at Jordans. Behind it is a leafy dell in which wild flowers cluster in abundance, before it lies a long green field, overshadowed on all sides by trees—the burial ground of the Quakers of long ago. Inside the gate, that leads from the garden surrounding the Meeting House, are marshalled on each side, two short rows of plain little tomb-stones, marking the last resting place of the Penns, Penningtons, and other well-known Quaker families. Beyond them, under the scarcely perceptible mounds, lie the followers of those great leaders. All around the birds sang incessantly and we wandered to the top of the field where, beyond, we saw the new burial ground with its up-to-date tombstones and the carefully kept graves of Quakers who, in recent years, have passed to their rest.

In the little Meeting House we signed our names—a long list of visitors from the R.B.N.A.—and from there we went into a little sitting-room and then climbed the winding staircase to a room above wherein are preserved letters from William Penn and other documents of historical interest to the "Friends." "A ramble of real spiritual refreshment to us," we heard one Member remark on our homeward journey; and we agreed, for it was impossible not to sense something of the beautiful mysticism of the Quakers in lovely secluded Old Jordans.

Another "Ramble," greatly enjoyed by the Members, was to Bognor where we picnicked on a sunny beach and spent a happy afternoon, each one following her own inclination as to whether she would go sightseeing or simply rest by the sea. The drive to and from Bognor took in a wide circle.

A "Ramble" to Windsor Castle was the excuse for motoring round by Runnymede (where King John signed Magna Charta) along the road that led through Burnham Beeches, Slough, and other beautiful parts of the country. Every part of the castle open to the public was explored and we followed the guide through the State apartments, listening with intense interest to all that he had to say of the wonderful treasures surrounding us everywhere. Several country members were at the Club and they expressed very great appreciation of the opportunity given them of learning something of the glories of Windsor Castle.

A POPULAR BRANCH SECRETARY.

Miss Winifred Mullaney, F.B.C.N.

SECRETARY OF THE SOUTH AUSTRALIAN BRANCH OF THE ROYAL BRITISH NURSES' ASSOCIATION, ADELAIDE.

We reproduce here a photograph of Miss Winifred Mullaney, Secretary of our South Australian Branch, and we are indebted to Miss Mary Higgins, formerly Superintendent of the District Trained Nursing Association of Adelaide, for sending us some notes on our popular Branch Secretary and her career. Miss Higgins knows Miss Mullaney intimately, as she succeeded the latter as Superintendent of the above-named Nursing Association.

Miss Mullaney obtained her Certificate of Training from the Adelaide Hospital in 1891, and she is one of the Founder Members of our Branch in Australia. After doing private nursing for a very short interval she became Head Nurse of a Home for Incurables for a year and some two years later she was appointed District Nurse for the Western half of Adelaide. This, as it proved, was a pioneer appointment, in every sense of the words, for not only was she the first nurse in Adelaide to hold such appointment, but it was one which involved no small responsibility and organising activity for a nurse so young as Miss Mullaney then was; added to this her district comprised the poorest and most thickly-populated part of the town. With what efficiency and success she performed her duties is shown by the fact that two years later she became Superintendent and Secretary of the District Trained Nursing Association of Adelaide, being the first nurse to hold this office. She was awarded the Maltese Cross for five years' devoted service to the organisation. That Miss Mullaney had a practical realisation of the relationship between District Nursing and Public Health Work is evident for she, early in her career, took a course on Sanitary Science; she appears to have maintained always a very keen interest in Public Health Work of every kind. After resigning from the position of Superintendent of the District Nursing Association, Miss Mullaney became Matron of the North Adelaide Hospital, but very soon after this she was appointed the First Trained Nurse Inspector under the Local Board of Health of the City of Unley. This post she held for two separate periods, each extending to seven years.

Owing to the fact that she had to support and care for

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